

MONDAY



10:30

11:45

Hatha Yoga

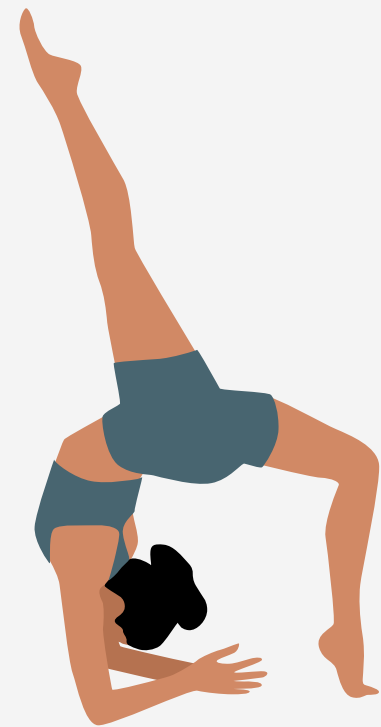
HOME STUDIO

12:30

13:45

Hatha Yoga,
Vinyasa,
Flow

HOME STUDIO



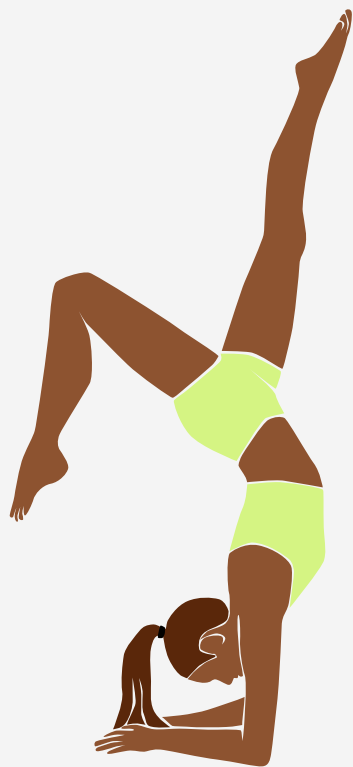
AUGUST



YOGA WITH LUCINDA

HOME STUDIO, 37 RUE DES BAINS, PLAINPALAIS

TUESDAY



18:30

19:45

Hatha Yoga,
Vinyasa,
Flow

HOME STUDIO

AUGUST



YOGA WITH LUCINDA

HOME STUDIO, 37 RUE DES BAINS, PLAINPALAIS

WEDNESDAY



18.00
-
19.15

Ashtanga
Led

EVERYDAY
STUDIO



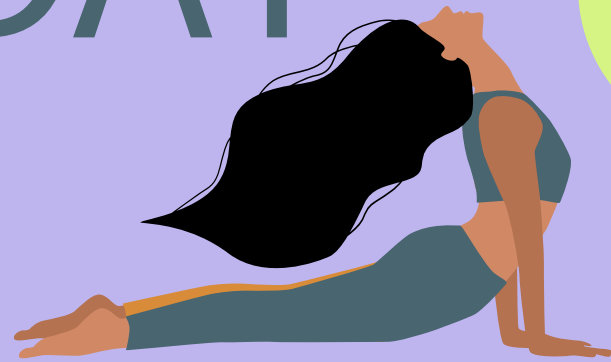
AUGUST



YOGA WITH LUCINDA

EVERYDAY STUDIO, CHEZ POPPY, RUE PRÉVOST-MARTIN 47

THURSDAY



7:00
7:50

Vinyasa

1ST FLOW

12:30
13:45

Vinasya
Flow & Glow

EVERYDAY
STUDIO

18:30
19:45

Hatha Yoga
Myofascial &
Hydrating

AKTA

AUGUST



YOGA WITH LUCINDA

1ST FLOW - ROUTE DE FLORISSANT 81, CHAMPEL

AKTA - 16, RUE DE L'AVENIR, EAUX-VIVES

EVERYDAY STUDIO, CHEZ POPPY, RUE PRÉVOST-MARTIN 47

FRIDAY



10:00
-
10:50

Ashtanga

1ST FLOW

AUGUST



YOGA WITH LUCINDA

1ST FLOW - ROUTE DE FLORISSANT 81, CHAMPEL

SUNDAY



11.00
-
12.30

Vinyasa
Flow & Glow

AKTA



AUGUST



YOGA WITH LUCINDA

AKTA - 16, RUE DE L'AVENIR, EAUX-VIVES

LAST FRIDAY OF THE MONTH



Yoga
Workshops

HERSTREET

AUGUST



YOGA WITH LUCINDA

HERSTREET - 6, RUE DES PIERRES DU NITTON, EAUX-VIVES