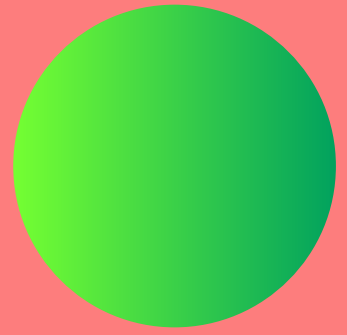


MARCH



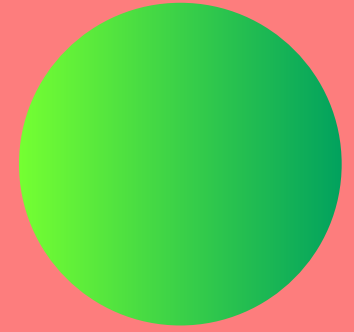
Brings renewal, awakening, vitality, and transformation. The first buds emerge, we delight in the early whispers of spring—a promise of new beginnings and flourishing growth.

MARCH



YOGA WITH LUCINDA

MONDAY



10:30
-
11:45

Hatha Yoga

HOME STUDIO



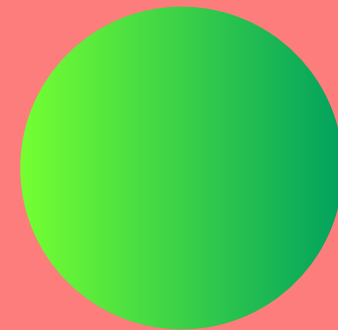
MARCH



YOGA WITH LUCINDA

HOME STUDIO - RUE DES BAINS 37 * PLAINPALAIS

TUESDAY



FOR JOANNA!

07:00
-
09:00

Mysore

SOHAM

MARCH



18:15
-
19:05

Vinyasa
Yoga

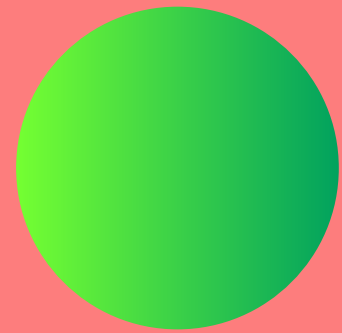
1ST FLOW

YOGA WITH LUCINDA

SOHAM - RUE GOETZ-MONIN 24 * PLAINPALAIS

1ST FLOW - ROUTE DE FLORISSANT 81 * CHAMPEL

THURSDAY



FOR JOANNA!

07:00
-
09:00

Mysore

SOHAM

18:30
-
19:45

Vinyasa
Yoga

AKTA

MARCH

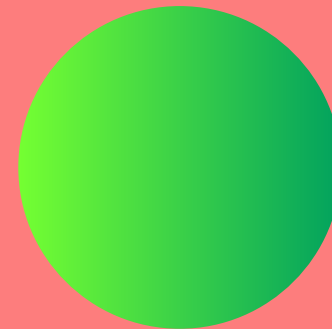


YOGA WITH LUCINDA

SOHAM - RUE GOETZ-MONIN 24 * PLAINPALAIS

AKTA - RUE DE L'AVENIR 16 * EAUX-VIVES

THURSDAY



also

12:30

–
13:30

Barre

EVERYDAY
STUDIO



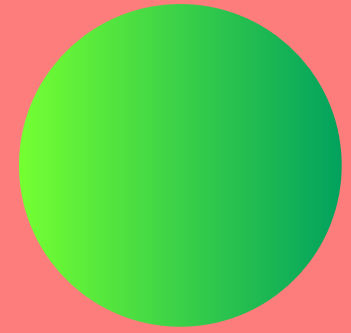
MARCH



YOGA WITH LUCINDA

EVERYDAY STUDIO - RUE PRÉVOST-MARTIN 47 * PLAINPALAIS

FRIDAY



17:15
-
18:05

Vinyasa
Yoga

1ST FLOW

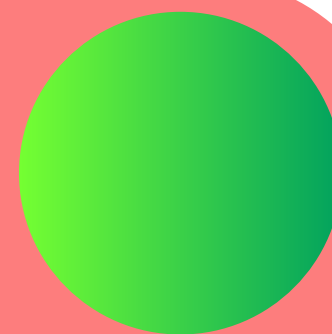
MARCH



YOGA WITH LUCINDA

1ST FLOW - ROUTE DE FLORISSANT 81 * CHAMPEL

SUNDAY



11.00
-
12:30

Vinyasa
Yoga

AKTA

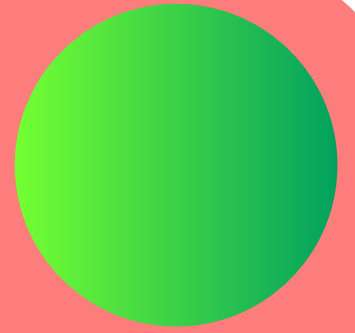
MARCH



YOGA WITH LUCINDA

AKTA - RUE DE L'AVENIR 16 * EAUX-VIVES

SUNDAY



9. MARCH



17.00
-
18:00

Sunday
Night Floor
Work

EVERYDAY
STUDIO

MARCH



YOGA WITH LUCINDA

EVERYDAY STUDIO - RUE PRÉVOST-MARTIN 47 * PLAINPALAIS